

Health Everywhere in San Diego

Kaiser Permanente members in San Diego have more access to care than ever before. Below is a snapshot of the convenient, high-quality health care tools and services we're bringing to the community.

Members are encouraged to call **1-800-290-5000** to determine the best way to get care. Find more details about health everywhere in San Diego at kp.org/sandiego.



Mobile health

- Telephone visits attract over 11,000 visits per month and that number is growing.
- There have been more than 10,000 teledermatology consultations since the program launched.



Web

- 1 million emails are sent by Kaiser Permanente members to their doctors every year through My Health Manager.
- More than 72% of San Diego members are registered on **kp.org** and take advantage of the great tools available to them online.



Telemedicine

- HealthSpot on the County of San Diego campus has attracted over 1,000 visitors since November 2014.
- Virtual lactation consultations are now available and have been well received by new mothers. Kaiser Permanente also provides a video interface allowing parents of babies in NICU to see their little ones when they are not present.
- Integrated Video Visits are coming to psychiatry and pediatrics in summer 2015.



Mobile services

- San Diego has its own mobile health vehicle – a high-tech office and lab on wheels – bringing convenience and high-quality care to members all over the county.
- Regular visits to Ramona, Alpine, downtown San Diego, and local events give members access to a range of primary care services.



Retail and employer clinics

- San Diego's two Target Clinic locations have each had over 2,500 visits in just 5 months.
- Target Clinic, with care provided by Kaiser Permanente, offers over 85 services for every member of the family.
- The employer clinic at NASSCO has over 1,300 annual visits.



Hospitals and medical offices

- Approximately 400 babies are born every month at our San Diego hospitals.
- Cosmetic dermatology* (fee for service) is now offered in Carmel Valley.
- San Diego is currently building the new Central Hospital with over 320 beds. It will open in 2017.
- Kaiser Permanente San Diego is recognized by various national organizations for our high-quality care and safety. Visit kp.org/sandiego to view them all.

*Services described here are provided on a fee-for-service basis. These services are not provided or covered by Kaiser Foundation Health Plan, Inc., and you are financially responsible to pay for them. Clinical services are provided by providers or contractors of the Southern California Permanente Medical Group. Results of services vary among patients and cannot be guaranteed. Kaiser Foundation Health Plan, Inc., and Kaiser Foundation Hospitals may receive compensation for providing facilities and/or other support in connection with these services. For specific information about your health plan benefits, please see your *Evidence of Coverage*.