



Greetings!

Our employees are now part of an amazing new benefit through the ACEC Life/Health Trust. All employees and their spouse/dependents enrolled in the medical plan through UnitedHealthcare are now enrolled in HealthiestYou. You will be receiving a welcome packet via mail, but in the meantime, here is some info that explains what it is and how you can take advantage of it right now!! Keep in mind, the HealthiestYou card you receive in the mail is not needed to use the service—it is simply a benefit reminder card.

What is it?

**Talk with a Doctor from your office, car, couch, you name it!
No scheduling. No travel. No waiting rooms. NO COPAYS!!**

- Available 24/7/365.
- Service is unlimited and free to those on the PPO plan. Employees on the HDHP w/HSA plan will have a \$40 doctor consult fee.
- Board certified, US based, and licensed physicians that can diagnose, treat and prescribe for acute illnesses (ex. Flu, allergies, earache, and many more).
- Can handle over 70% of your typical doctor's office or urgent care visits
- **Easy To Use:**
 - ✓ **Call 855.474.8800** You're already a member...Call now to try it out if you're feeling under the weather!
 - ✓ **Download the App Today To Connect With A Doctor— Available on both Apple and Android devices. Search for "healthiestyou" in the app store and Google play store.**

What Do I Do Next?

1. Download the app on your smartphone NOW! (Apple & Android)

Select **FIRST TIME HERE** at the bottom right of the app. Search by **PRIMARY MEMBER** and enter their Last Name, DOB, and Zip Code. It's that easy! Once in the app, select the menu button (3 horizontal bars at top left) and click profile to ensure your phone # and personal information is accurate (this is the # the physician network will call you back on when you click **REQUEST CONSULT**).

2. Add the physician access # 855.474.8800 to your phone and the phone's of your dependents.

Your membership is verified using your personal information, so you will never need a group # or member # to access service.

3. Register online at member.healthiestyou.com to enter your medical history. This can also be done on the app or when calling the first time.

Your registration credentials from the app will NOT be the same on this portal. To verify your information, scroll down the page then enter the primary member's Last Name, Date of Birth, Zip Code and hit **Lookup**.